

## Solemnity of the Most Holy Trinity, Homily by Fr. Gabor

I love the Solemnity of the Holy Trinity, because it reminds us every year of what a deeply loving God we have, and how much they desire to be one with us and that we should also be one with each other.

It is the Church's foundational teaching that God is a communion of three persons: Father, Son and Holy Spirit, which means that they love each other so much that although they are three persons, they exist as if they were just one person; so deeply loving is their communion between each other. But this wonderful mystery of God also tells us about their relationship with us. It tells us that they desire to be in Communion, in a deeply loving union with us as well, and for this purpose they implanted in us a deep desire for communion with Them. This is why St. Augustine says: 'Our hearts are restless until they find rest in You!' (Confessions (354-430)).

However, because we are images of God and of the communion which is between the persons of the Holy Trinity, we are called to be in communion with each other as well. This is how we show that we are created by a God who is a community of love and mercy. Even those sociologists who do not believe in God teach that human beings are social by nature, which confirms that a desire for communion between each other is also written in our nature; in our hearts, in our minds, in our souls, and when we experience even just a glimpse of this union our hearts come alive. I experienced this several times, like very recently at the Saturday Pentecost vigil in Sacred Heart when a few of us got together to pray for the outpouring of the Holy Spirit and we were singing together to the Father and the Son and the Holy Spirit. Almost all throughout the evening I felt a deep spiritual oneness with those who came along, which brought me a joy that cannot be explained in human words. I believe then and there we were like an image of the Holy Trinity.

St. Paul in his letter to the Romans assures us that 'the love of God [the Father and the Son] has been poured into our hearts by the Holy Spirit who has been given us' (Rom 5: 5). What a wonderful Father, Son and Holy Spirit we have, because this confirms that the Holy Trinity didn't just create us in their image, but also poured their love into our hearts, so that we can love them with all our hearts in return to their unconditional love and mercy, which they show us every day.

Does going to Mass and praying together make our parish community into an image of God? I am not so sure about that. We may be in communion with the Holy Trinity when we pray and praise God and listen to Him, but only in a limited way. As soon as we leave the Church building after Mass that image seems to disappear mostly, because most of us leave for home and don't even know each other's names. The persons of the Holy Trinity definitely know each other. So if we are to be images of the Holy Trinity we should make the effort to be in communion with each other as well. After all remember, through our baptism we are a family of God; and as such we are brothers and sisters of each

other. If you just leave after Mass how do you experience that reality? However, if after Mass we share with one another, not just superficial things, but sincerely, and build up trust between each other we will experience how gently the Holy Spirit, who has poured God's love into hearts, as St. Paul says (Romans 5: 5), will build us up into a community of God, in fact into a family.

So therefore let us always call upon the Holy Spirit before our meetings. Let Him guide and inspire what we share. May He speak through each one of us; may His glory shine through our words, so that through our conversations, and our time together we may have a glimpse of the communion of the Holy Trinity. Let's not shy away from bringing our loving and merciful Father, Son and Holy Spirit into our conversations, and the wonderful things they have done for us.

Finally, if we are talking about the Church family as an image of the Holy Trinity I wish to remind ourselves how important families are. The sacred vocation or call of each and every family is to be an image of the Holy Trinity, where the father and the mother and their love symbolise the Holy Trinity and the children are symbols of each one of us, the fruit of their creative love. Families, remember that you are to be beautiful holy icons, holy images of our loving Holy Trinity. If you are aware of major issues in your midst, call upon the Holy Spirit, the Spirit of unity. He desperately waits for your call; through a heartfelt prayer dip your hearts into the ocean of His love, and let Him encourage you and guide you towards humility of the heart and a word of apology, which will make all the difference, and eventually He will heal your divisions. We need you as images of God, though imperfect, because through you we learn who they are, how They relate to us and who we really are in Their eyes.